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THOUGH HIS LIFE WAS CUT SHORT, ACTOR LEAVES A STRONG LEGACY

PAUL WALKER'S BEST FILMS **PAGE 8**

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Burgundy redefines Winnipeg

'Small tundra bunny.'
Anchorman stays classy at Roar of the Rings

It may be all to promote his new movie but actor Will Ferrell delighted curling fans Sunday, and a few curlers as well, as he brought anchorman Ron Burgundy to the Canadian Olympic Curling Trials.

He even tried his luck on the ice, with a little tutoring from Ontario skip Glenn Howard, and then donned a kilt.

"I'm really enjoying Winnipeg, the Paris of Canada," he said later, staying in character for the entire visit. "The limo ride from the airport was first class all the way. They had roast pig for me. An entire roasted pig there in the limo."

As for curling jargon, he said he knows what "hurry hard"

means but uses it mostly to get the driver in front to start moving.

Ferrell is promoting *Anchorman 2: The Legend Continues*, set for release this month before Christmas.

On Sunday he joined TSN curling broadcaster Vic Rauter to comment on part of the opening draw of the trials. Close to 11,000 fans came for the opening draw and to see Ron Burgundy. "I think I can bring a certain amount of dignity and class, I know I smell good," he said when asked what he brought to the table as a curling broadcaster.

While it may be "the Paris of Canada," he had a somewhat unique take on the meaning of the name Winnipeg.

"It's of course Latin in its roots. It means the small tundra bunny who lives inside the hole on the hill." **THE CANADIAN PRESS**



Will Ferrell as "Ron Burgundy" signs a cowbell for a fan after the opening ceremonies at the 2013 Roar of the Rings championship in Winnipeg, Sunday. The winners of Roar of the Rings will represent Canada at the Sochi Olympics. **JOHN WOODS/THE CANADIAN PRESS**

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Property tax hike looming

2014 budget. Possible mayoral candidates in next election are quick to pounce on proposed increase



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Property taxes for Winnipeg homeowners are proposed to go up 2.95 per cent in 2014, city officials announced on Friday.

The tax hike is being broken down as one per cent for the Local Street Renewal Reserve, a dedicated fund that was first approved in the 2013 budget, another one per cent for a new Regional Street Renewal Reserve, and 0.95 per cent "to address inflationary pressures and service costs."

This is the final budget in the lead-up to the next municipal election.

Asked if a tax hike would aid in a re-election campaign — the 2014 increase is the third in a row — Mayor Sam Katz said he wasn't linking the two.

"The budget is the budget and we're going to do what's right," he said.

Quick to criticize the property-tax increase were councillors Paula Havixbeck and Scott



Finance chair Coun. Russ Wyatt, alongside Mayor Sam Katz, answers media questions on the 2014 preliminary budget, which calls for a 2.95 per cent property tax increase. BERNICE PONTANILLA/METRO

Fielding, who are both considering running for mayor next year.

Fielding presented his own budget plan and said a property-tax freeze was possible

with year-end surpluses and other "internal dollars" that could have been found.

Havixbeck called the budget "a complete embarrassment for this mayor and for this execu-

tive policy committee."

Katz took aim at both councillors, saying, "I've never seen such hypocrisy in my life."

"Fact: 2011-12 ... 3.5 per cent property-tax increase with

All a-Twitter

On Friday, councillors Paula Havixbeck and Scott Fielding, who are both mulling a mayoral run next year, engaged in a short — but entertaining — Twitter tiff.

- After Fielding tweeted his thoughts on the 2014 budget, Havixbeck responded, "Gee thanks. Where were you last year — oh right, slamming your fists on the table yelling at me for opposing a tax hike."
- To which Fielding responded, "Read my plan."

councillor Fielding as the chair of finance."

The budget also includes a reduction of \$555,000 to the controversial Councillor Representation Allowance, which works out to a \$37,000 decrease per ward.

The city is keeping the business-tax-rate decrease to 5.7 per cent from 5.9 per cent.

There is a projected operating budget of \$967.8 million and a capital budget of \$379 million.

Council will vote on the budget Dec. 17.

Selinger defends tax increase as job driver

Premier Greg Selinger defended his government's tax increase in a donation request to NDP members, and said the hike has already led to work for thousands of people.

In what is billed as a "special year-end message" to party faithful, Selinger called the decision to raise the provincial sales tax to eight per cent from

seven last July a difficult but necessary move. The extra cash is helping the province match federal funding for infrastructure projects such as highway work.

"It's not a decision I ever expected to make, but these investments are stimulating our economy and have already created work for thousands of

Manitobans."

The Opposition Progressive Conservatives accused Selinger of spinning the numbers. The government has announced plans for several new projects in the last few weeks, but they are a long way from starting, said infrastructure critic Ralph Eichler.

"This is Manitoba. We don't

lay pavement, we don't start infrastructure projects in November," Eichler said.

"The government is still trying to defend this (tax) increase, but they're just grabbing at straw."

The bill to enact the sales-tax increase has yet to be passed by the legislature. It was one of more than 30 bills that were

stalled by the Tories through the spring and summer.

The tax bill and all others left over from the last session are to go to a final vote before the end of the year, under an agreement struck by the NDP and Tories.

The legislature is scheduled to break on Thursday.

THE CANADIAN PRESS

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Mike Davidson, president of CUPE Local 500, said his union will be looking at their legal options if a 2014 budget proposal calling for non-essential staff to be forced to take 3.5 days unpaid leave is approved. BERNICE PONTANILLA/METRO

CUPE promises to fight forced holiday break

3.5 days unpaid leave.

Mayor says council will also be part of effort to save city \$1.5 million



BERNICE PONTANILLA
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Winnipeg's largest union is vowing to fight a forced 3.5-day unpaid leave in the proposed 2014 budget — a leave Mayor Sam Katz called "painless."

City officials say the break between Christmas Eve and

Open up

"You don't run your city by not talking to your unions, and we've had no discussions around this at all."

Mike Davidson, president of CUPE Local 500

New Year's Day is aimed at "non-essential" staff and would save an estimated \$1.5 million.

However, Mike Davidson, president of CUPE Local 500, said city staff operates "24 hours a day, seven days a week,

and we need a workforce that can do that."

Davidson said he's baffled because his members have told him they're not being granted time off during the holidays this year.

"They can't operate the city the way it stands (now) with the complement of workforce, so how is this going to make it any better?"

Katz said he and the rest of council will also be included in the unpaid leave.

"We're all in this together," said Katz, adding he believes many CUPE members would welcome that time off.

Winnipeg hit by three robberies on Saturday

Police are investigating after robbers targeted three Winnipeg businesses on Saturday.

The Major Crimes Unit's busy day started just before 5 a.m. when a lone man made off with an undisclosed amount of cash from a gas bar in the 1500 block of Regent Avenue W.

The suspect is in his mid to late 30s, with an average build, fair complexion and dark hair.

Then, just before 5:30 p.m., investigators were called to a robbery at a fast-food restaurant in the 1400 block of Henderson Highway.

The suspect is 35-40 years old, five foot eight inches tall, with an average build and brown eyes.

But the day wasn't over for police, who were called to an attempted robbery at a business in the 200 block of Marion Street around 8:10 p.m.



Cst. Jason Michalysheh METRO

Again a lone male suspect demanded cash from employees, but this time the would-be robber fled empty handed.

The suspect is described as a clean-shaven aboriginal, 45-50 years old, around five foot six inches tall, with a slim build,

Know something?

Anyone with information should call police at 204-986-6219 or Winnipeg Crime Stoppers at 204-786-TIPS.

sunken cheeks and short black hair.

Police spokesperson Cst. Jason Michalysheh said despite the similar suspect descriptions, police are not linking the incidents.

"Certainly it's not uncommon if an individual is involved in this type of criminal behaviour once, often times there's a good chance they'll be involved in it again," he said. "There are some similarities with some descriptors, (but) by no means have we confirmed that this might be the same male." METRO

COOL YOUR JETS AND GIVE CURLING A TRY



WHAT'S GOOD
Ace Burpee

I love watching curling. I've never curled, which is a total fail on my part, but I'm a fan. I watched the first four Roar of the Rings games yesterday at MTS Centre, and on display was what keeps curling great.

The curling crowd is not the same as the crowd at a Jets game. They're largely different kinds of people. The curling crowd looks more like people do where

I'm from.

It actually looks more like the gathering that is the fall supper in Cooks Creek, Man., than it does a sporting event. There are far fewer super-tight deep V-neck shirts at curling. It's more of a "leave your parka on the entire time" crowd.

Double-fisting is still cool, but it's mainly double-fisting double-doubles from Tim Hortons instead of beers.

Farm-equipment hats at Jets games are most likely on the head of a hipster. At curling, it's just their hat.

The value of curling is very different. Four games. All at the same time. All easily within view. No interruptions. It's fantastic. In fact, the entire experience seems to have retained a bit of old charm that is missing in most sports today.

Yes, there are sponsors and logos and the lights are a bit brighter, but it just feels different from other live sports. It's cool without trying to be. I'm going back. It's going to be a great week.

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Data leak to China foiled, say RCMP

National security.

Canadian engineer took steps to pass on secret documents, cops say

A Canadian naval engineer is accused of trying to send classified information on Canada's shipbuilding strategy and marine sovereignty to the Chinese government.

Qing Quentin Huang, 53, from Waterdown, Ont., was arrested in nearby Burlington on Saturday, just two days after the RCMP say they became aware of the allegations against him.

The RCMP said they learned on Thursday that Huang was allegedly taking steps to pass on classified information to China relating to Canada's national shipbuilding strategy.

Huang is a Canadian citizen and an employee of Lloyd's Register, a subcontractor to Irving Shipbuilding Inc., the RCMP said Sunday at a news

Swift action

Police were able to act quickly to safeguard the information.

- The investigation involved various policing agencies, the RCMP said.

conference to announce the arrest.

"These are documents of a confidential and sensitive nature to the government of Canada that relate to their vessels that support our marine services in relation to sovereignty here in Canada," said RCMP Chief Supt. Jennifer Strachan.

The national shipbuilding strategy includes patrol ships, frigates, naval auxiliary vessels, science research vessels and ice breakers, she said.

Huang is charged under the Security of Information Act with two counts of attempting to communicate classified information to a foreign entity.

THE CANADIAN PRESS



RCMP Chief Superintendent Jennifer Strachan announces the arrest of Qing Quentin Huang for allegedly trying to send sensitive Canadian government information to China. AARON VINCENT ELKAIM/THE CANADIAN PRESS



Cars from a Metro-North passenger train are scattered after the train derailed in the Bronx neighbourhood of New York, Sunday morning. EDWIN VALERO/THE ASSOCIATED PRESS

Four dead after train derails in the Bronx

A Metro-North passenger train derailed on a curved section of track in the Bronx on Sunday morning, killing four people and injuring 63 as one car came to rest just inches from the water, authorities said.

New York Gov. Andrew Cuomo announced the deaths at a news conference at the site of the crash near the Spuyten Duyvil station. He said authorities believe everyone at the site had been accounted for and that investigators from the National Transportation Safety Board were en route.

Eleven people are believed

to be in critical condition, authorities said. The train operator was among the dozens injured, Cuomo said.

Metropolitan Transportation Authority spokeswoman Marjorie Anders said the big curve where the derailment occurred is in a slow speed area. The black box should be able to tell how fast the train was travelling, Anders said.

The derailment of the southbound Hudson Line train was reported at about 7:20 a.m., authorities said. Four or five cars on the seven-car train derailed about 90

metres north of the station, the Metropolitan Transportation Authority said in a news release. But none of the cars entered the Hudson or Harlem rivers, which are adjacent, the MTA said.

The train appeared to be going "a lot faster" than usual as it approached the curve coming into the station, passenger Frank Tatulli told WABC-TV.

MTA Chairman Thomas F. Prendergast said speed was one of the factors authorities planned to investigate.

Passenger Joel Zaritsky said

he was on his way to New York City for a dental convention.

"I was asleep and I woke up when the car started rolling several times. Then I saw the gravel coming at me, and I heard people screaming. There was smoke everywhere and debris. People were thrown to the other side of the train," he said, holding his bloody right hand.

The crash was reported by the engineer, and it wasn't clear if any other crew members were among the injured, the MTA said.

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Canada criticized over policy on info obtained via torture

Security. Government defends guidelines as principled response to threats of terrorism

A major alliance that promotes European security has criticized Canada for opening the door to the use of information that may have been extracted through torture.

Newly disclosed briefing notes and correspondence show the Organization for Security and Co-operation in Europe wrote to Canada's representative to the organization to express concerns about the policy.

Canada belongs to the 57-member alliance, which bills itself as the world's largest regional security organization, working for peace, democracy and stability for more than a billion people.

The Canadian government responded to the February 2012 letter with a staunch defence of its information-sharing policy as a principled

Secret directive

In preparing a response, Public Safety consulted CSIS, the Canada Border Services Agency and Foreign Affairs.

- The late May 2012 reply to Lenarcic, signed by Gregory, pointed out that the 2010 directive had been expanded, giving CSIS the go-ahead to provide information to foreign agencies even when there is a "substantial risk" it will lead to torture.

response to terrorism and other security threats.

The OSCE's concerns came to light through heavily censored records released to The Canadian Press under the Access to Information Act.

Though the organization's letter to Canada's then-ambassador to the OSCE is blacked out, a spokesman for the Vienna-based agency's human rights office spelled out its concerns.

The OSCE quietly expressed its objections to Canada over revelations the government had directed Canada's spy agency to use information that may have been gleaned through torture in cases where public safety is at risk.

Janez Lenarcic, director of OSCE's Office for Democratic Institutions and Human Rights, wrote to the Canadian OSCE delegation to express concerns such a directive "would undermine the implementation of OSCE human dimension commitments and international human rights standards — in particular the absolute prohibition of torture and other forms of ill-treatment," said office spokesman Thomas Rymer.

Canada's then-ambassador to the OSCE, Fredericka Gregory, forwarded the letter to Ottawa, and the matter eventually landed on the desk of Lynda Clairmont, senior assistant deputy minister for national security in the Public Safety Department.

THE CANADIAN PRESS



Death toll expected to rise in Scottish helicopter crash

Scottish Fire and Rescue services look on at a section of a police helicopter being lifted from the scene Sunday following a crash at the Clutha Bar in Glasgow. Emergency workers were sifting through wreckage for survivors of the crash onto the crowded pub that killed at least eight people and injured more than two dozen. The number of fatalities is expected to rise, officials said. SCOTT HEPPLE/THE ASSOCIATED PRESS

Senate scandal

Ex-PMO staffer's emails to be handed to RCMP

The federal government has notified the RCMP about a cache of emails belonging to Benjamin Perrin, former counsel for the Prime Minister's Office and a central figure in the Senate spending scandal.

The Privy Council Office says it was wrong when it said Perrin's emails were deleted, and will "immediately turn over these email records." THE CANADIAN PRESS

Egypt

Morsi supporters clash with police

Police fired tear gas to drive hundreds of supporters of Egypt's ousted Islamist president Mohammed Morsi from Cairo's famed Tahrir Square on Sunday, as a panel tasked with amending a constitution adopted during his time in office convened for a second day.

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Giving Tuesday taps into true spirit of the holidays

Suffering from a shopping hangover?

The perfect cure could be giving back via a new philanthropic movement



PHOEBE HO
For Metro in Toronto

In addition to Black Friday and Cyber Monday, yet another popular U.S. initiative has crossed the border.

After a weekend of door crashers and tempting deals, Canadians will see the launch of its non-commercial counterpart Giving Tuesday, a day devoted to philanthropy and is described by the site as the "Opening day of the giving season."

The U.S. initiative, created by New York's 92nd Street Y



Black Friday and Cyber Monday are all about getting, while Giving Tuesday is all about giving something back to your community. GETTY IMAGES FILE

and supported by the United Nations Foundation, has already seen immense success, attracting over 2,500 partners to take part in its first year. Now, a group of Canadian organizations are hoping to build on that momentum.

CanadaHelps president and CEO Marina Glogovac, one of the 15 founding partners of Canada's Giving Tuesday, said the timing of the event was perfect.

"There are different months in Canada focused on different charitable sec-

tors," said Glogovac. "But in terms of consumer awareness, I think it's a good day to kind of add something that says we shop, we get deals, we spend money to get what we want, and we also should remember that we should give back."

Mainly promoted through social media over the summer, the grassroots movement has taken on a life of its own. So far, over 1,000 charities, partners, and organizations have already signed on to participate in its first year.

Social media movement

A day that's good for the community

Giving Tuesday was a no-brainer for Big Brothers Big Sisters of Canada, one of over a thousand charities and organizations that have joined the movement.

For years, BBBSC has helping children find positive role models in the community. Sandra Downey, director of business development and communications from its Toronto branch, said Giving Tuesday was the perfect fit for their organization.

"I see on their website it says: There are two days that are good for the economy, and now we have a day that's good for the community. I love that quote," she said. "It's using social media as a vehicle to help organizations such as ours ask for donations at a time of the year where people tend to want to be giving back."

PHOEBE HO/FOR METRO



Winnipeg Transit



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Featuring the latest from Winnipeg transit – including transit news, commuter tips and cool promotions - and much more!



News worth sharing.

HR knows if you've been bad or good at the holiday party

'Tis the season of the office holiday party, a time when the combination of awkward mingling with co-workers plus alcohol creates a social minefield.

But, experts say, one faux pas can easily turn bad behaviour into a legal mess for employers and employees.

When the booze flows freely so can trouble.

Court records are filled with examples of people sexually harassing co-workers and making inappropriate or racist comments at parties. Alcohol is often involved.

Aside from excessive drinking, the most common problem scenario that likely arises from office holiday parties is sexual harassment, says employment lawyer Daniel Iny, though he concedes the two are not mutually exclusive.

Employees are still bound by workplace policies, even at after-hours parties, Iny points out.

"I don't think a holiday party gives an employee carte blanche to do or say things that would never be tolerated in the workplace, nor does it give an employer



Management is gonna find out who was naughty or nice at the holiday shindig. Don't be the drunk Santa at your office party this year. MATT CARDY/GETTY IMAGES FILE

the same right," says Iny.

"If it's an employment event ... an employee can be disciplined in my view for conduct that occurs at a holiday party."

Employment lawyer Inna Koldorf says the best bet is to conduct yourself as if you were at work.

"It's not like they're watching their every move, but management is watching their behaviour," Koldorf says. "There have been incidents in the past where employees have done some outrageous things that did not comply with the employers' policies or the workplace

Be good for goodness's sake

The Human Rights Tribunal of Ontario in 2011 upheld the dismissal of an employee at a plastics company after he got drunk at the company holiday party and harassed his supervisors and made sexually inappropriate comments and physical threats to his fellow employees and their spouses.

policies and they were disciplined." **THE CANADIAN PRESS**

DO THE JETS OWE US MONEY?

While they continue to have mixed results on the ice, there's little question the Winnipeg Jets have been an all-star success off of it.

Tickets are sold out, TV and radio broadcasts are wildly popular, and merchandise sales are so strong that attending a game without wearing an official jersey makes you feel like an outcast ... or an Oilers fan (same thing).

Forbes magazine reported last week that the team is among the top half of money-makers in the NHL, earning \$6.3 million in profit during the lockout-shortened 2012-2013 season.

Even more impressive, Forbes says the value of the Jets has doubled from \$170 million to \$340 million in the 2.5 years since Mark Chipman and David Thomson bought the team and moved it here from Atlanta.

(Not like Thomson needed the money though. Canadian Business confirmed last week that the Thomson family is



URBAN COMPASS
Colin Fast
winnipeg@metronews.ca

once again Canada's wealthiest, with a net worth of \$26.1 billion, or 4,660 times Blake Wheeler's annual salary.)

And those figures don't factor in the league's massive new Canadian TV rights deal with Rogers, which should pay the Jets between \$8 million and \$13 million per year.

So with the team scoring big financially, why are its owners still receiving a massive assist from the provincial and city governments?

Between the entertainment tax rebate, the business tax refund, a huge property tax discount and a \$5.5 million share in gaming revenue from the new mini-casino at the Shark Club, True North Sports & Entertainment

enjoys over \$12 million in public support each year.

Now is it right that a profitable private business owned by the richest man in Canada collects what amounts to corporate welfare? No. But should we blame the Jets or True North for this mess? No.

The fault lies with our civic and provincial leaders, who were so eager to have an arena built and an NHL team return that they forgot to negotiate funding agreements that were fair for both sides.

While public support might have been needed to build MTS Centre and subsequently bring it up to NHL standards, funding clearly should have been based on a sliding scale that went down if True North's profits went up.

And while it would be a remarkable act of corporate citizenship if True North voluntarily paid back its subsidies, there's no reason to believe it should. It out-negotiated the government plain and simple, and built a business plan based in part on public money.

After all, it's not True North's fault that 50-year-old politicians have less poise than 19-year-old Jacob Trouba when it comes to playing in the big leagues.

So don't check the mailbox for your free Jets tickets, though the team could at least try to pay us back with a few more wins. And our politicians can try to score a better deal for taxpayers the next time they feel like rubbing elbows and staging photo ops with professional athletes.

ZOOM

Just chilling out



ROMAN GOLUBENKO/SOLENT NEWS

Mother and baby sea otter relax

A baby sea otter catches a nap on its mother as they float together on a ice-cold lake. The animals can be seen relaxing on their backs near the Kenai Peninsula in the Gulf of Alaska. Photographer Roman Golubenko, from North Bergen, N.J., travelled to Alaska to snap the adorable creatures.

METRO

Photog goes far to snap animals

As sea otters live in secluded spots away from human contact, Golubenko had to hire a small boat and venture into the remote Alaskan glacier fjords to find them.

"The otters probably feel safe from all the humans who can't seem to reach them," observes Golubenko.

METRO

Behind the lens



"Pups ride on their mothers for the first six-to-15 months. They can float, but cannot swim, which keeps the mom busy."

Roman Golubenko, 48, nature photographer from North Bergen, N.J.

One pair 'looked like a couple'

Taking his photos, Golubenko couldn't help but be touched.

"One of the funniest moments was when I saw two otters who looked like a couple. They were lovingly taking care of each other and they turned to me as if in a family portrait — one of the most tender moments I've seen among the cute creatures." METRO

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

It's a familiar lament that Netflix users in the U.S. have a much wider selection than Canadian subscribers enjoy. Luckily, there are a few ways around it, though be advised that these shenanigans technically break the Netflix terms of use.



CONTRIBUTED

Media Hint:

A free plug-in for Chrome and Firefox, Media Hint is a DNS redirect that disguises your previously unworthy Canadian computer as a deserved American machine. Unfortunately, that restricts you to the U.S. service, which means content on the Netflix Canada will be unavailable. Which brings us to...

Unblock-us.com:

A DNS redirect similar to Media Hint, at a cost of five dollars a month. That cost gives you one excellent feature that elevates it above Media Hint, however — the ability to choose which country's Netflix service you feel like planting your flag in that day. Pair it with a website like Moreflix, a search engine that lets you know what movies and shows are available on each country's service, and you gain access to an actual world of content.

Twitter



@metropicks asked: Canada banned marijuana for political reasons, without scientific evidence. A report commissioned by Pierre Elliott Trudeau in 1969 recommended decriminalizing possession. Do you think it should be legalized?

@ArtistMiesje: I agree with @SenseibleBC it's time to change these outdated laws for so many reasons

@EdlundEric: if it is legalized the govt can regulate and tax it this taking 1 source of income away from criminal orgs

@jacobisdead: yes

@tpjmccarthy: Yeah, we need more Cheech's and Chong's...Legalize it...lol

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

Teen idol turned action star's sudden death shocks Hollywood

Paul Walker. Actor who rose to fame in the 1990s was best known for his Fast and Furious franchise



NED EHRBAR
Metro World News in Hollywood

To the world, Paul Walker was best known for his bright blue eyes and blonde hair. His squeaky-clean all-American good looks made him more than just memorable in his breakout role as Skip Martin in 1998's Pleasantville.

In 1999, he continued to woo the young contingent of filmgoers with roles in classic '90s teen movies like Varsity Blues and She's All That. And over the last decade, his name had become synonymous with the Fast and Furious franchise.

Sadly, the 40-year-old actor's life was cut short on Saturday afternoon in Los Angeles, where he died in a car crash.

At the time, he was attending a fundraiser in the community of Valencia to benefit the victims of Typhoon Haiyan.

"It is with a truly heavy heart that we must confirm that Paul Walker passed away today in a tragic car accident while attending a charity event for his organization Reach Out Worldwide," a statement on his Facebook page read.

"He was a passenger in a friend's car, in which both lost their lives."

Walker's fame rose with a string of hits in the late 1990s, before he took his place along-



Paul Walker, 40, is survived by his 15-year-old daughter, Meadow. THE ASSOCIATED PRESS

side Vin Diesel as the lead in the Fast and Furious franchise in 2001.

The seventh instalment of the franchise had begun shooting in September, with a planned release date of July 2014.

Walker's friend and business partner, Roger Rodas, also died in the crash. Rodas was driving a red Porsche and reports say the car was travelling at high speeds when it hit a tree, slammed into a streetlight and then burst into flames.

Rodas' high end auto shop, Always Evolving, was hosting the charity event.

According to Radar Online, the crash happened so close to the fundraiser that attendees could hear the impact. Tragically, one of the witnesses who rushed to the scene to help was reportedly Rodas' eight-year-old son.

"I ran over afterwards, I was trying to find Roger's son," eyewitness Jim Torp told the New York Daily News. "I found out his son had jumped

the fence and gone over, he was trying to get his dad out. Paul Walker's best friend was trying to get Paul out of the car while it was still on fire ... he was trying to save his friend ... there was nothing he could do."

Walker's Fast and Furious co-star Diesel on the weekend posted on Instagram: "Brother I will miss you very much. I am absolutely speechless. Heaven has gained a new Angel. Rest in Peace."

Walker is survived by his

15-year-old daughter, Meadow, who had recently moved to Los Angeles to live with him after living with her mother in Hawaii.

Walker's most memorable film roles

The Fast and The Furious (2001): The one that started it all, featuring Walker as an undercover cop who gets caught up in the underground street-racing racket he's investigating.

Fast Five (2011): The street-racing franchise's revitalization has been one of Hollywood's more impressive recent success stories, with the fourth, fifth and sixth films earning acclaim and huge numbers at the box office. The fifth entry, set in Brazil, is the best of the bunch.

She's All That (1999): This "Pygmalion set in high school" romantic comedy is perfect specimen of '90s teen culture. Walker goads Freddie Prinze Jr. into seducing frumpy art student Rachael Leigh Cook and turning her into a prom queen.

Pleasantville (1998): Walker's good looks served him well as an innocent 1950s teen who has his eyes opened by Reese Witherspoon's more liberated modern-day girl.

Into the Blue (2005): A true guilty pleasure. Walker and Jessica Alba star as salvage divers caught up in a fight over a sunken cocaine shipment and spend most of the film in bathing suits.

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Sharon Osbourne.

Osbourne doesn't know the meaning of overshare

Sharon Osbourne freely admits that she's had "a lot" of plastic surgery, as she revealed during an appearance on Graham Norton's talk show recently.

So what was her most painful surgical experience? "Having my vagina tightened," Osbourne says of the procedure.

"It was just excruciating."



Justin Bieber.

Bieber busts out another tattoo

Justin Bieber has just about run out of room on his left arm, as the 19-year-old pop star sat for yet another tattoo after a show in Sydney, Australia this weekend.

Bieber posted a photo of himself to Instagram looking none too pleased with the tattooing process as an artist went at his upper arm with a tattoo gun.

"Just got off stage to get tatted," he wrote.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Clint probably told him to 'get off my lawn'



STARGAZING
Malene Arpe
scene@metronews.ca

Clint Eastwood's daughter is getting an annulment of her Las Vegas marriage to Jonah Hill's brother. She decided she would rather date Ben Stiller's cousin while her groom is more interested in hanging out with Meryl Streep's daughter's friend's aunt.

Fergie says she chose the name Axl for her baby after a dreaming about a festival where Bob Marley, Jim Morrison and Axl Rose



were playing. And what is wrong with "Bob" and "Jim?"

Vin Diesel teases that Ang Lee will direct him in the Kojak movie. That explains the working title Who Loves Ya, Scary Tiger?

Jessica Biel tells the Internet to calm down after concern that she wasn't attending the AMAs with husband Justin Timberlake. "Take it easy," she

said. "I'm at home in my tattered sweatpants eating 22 donuts while Justin is having fun doing whatever he wants. It's all good."

Kanye West asks us not to buy any Louis Vuitton products to protest that the company wasn't interested in his designs. I'm always up for a good boycott, so I sincerely hope Kanye's next fight is with Walmart and Buddy's House of Dented Cans.



Mila Kunis. ALL PHOTOS GETTY IMAGES

Mila Kunis pregnancy rumours continue to swirl

Mila Kunis and Ashton Kutcher have been sparking pregnancy rumours lately, with Kunis wearing suspiciously baggy clothing and Kutcher having less patience than usual with the paparazzi. "They want to have a baby now, and it's far more important to them than getting married," a source tells Radar Online.

And at least one thing is for sure: That baby will be

Jewish.

"Even if (Ashton) doesn't fully convert, he's very much into the idea of having little Jewish babies," the source says, adding that the topic is very important to Kunis' family. "Think Coney Island-style Russian immigrants," the source says. "They want Jewish babies, and Mila wants to give them to her family. Tradition is very important to her."



Michael J. Fox.

Fox found himself living in Broderick's shadow

Michael J. Fox admits that early on in his career he almost gave up and moved back home because Matthew Broderick always got the better of him.

"He's usually go in first for auditions, and you'd hear hands shaking. I was always losing jobs to Matthew Broderick," Fox says, according to Page Six. "In 1982 I was desperate to have a job in

L.A. I owed money and my phone was cut off. I was selling sections of my sectional sofa. I was ready to go back to Canada and pick up nails on my brother's construction site."

The Broderick problem even extended to Family Ties, the show that eventually shot Fox to fame. "They (initially) wanted Matthew Broderick," he admits.

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Aromatherapy

Lavender makes it better

Moms, I'm pretty sure you've got wipes, diapers, bandages, crayons, snacks, crumbs, mittens, toys, and probably a can opener, a car muffler and a glue gun in that purse of yours.

But you know what else you've got in there? That weird mom-purse smell.

You don't notice it that much except for every single time you are looking for something. You know, like when you're doing the stressful "stir the cauldron" dance to try and find your house keys.

There's a simple, stress free solution that will actually bring you a couple seconds of "aaaaaah" in the middle of, "Mom, where is my

juuuuuuuuuuuice?"

Grab a lavender sachet and throw one into your purse.

Lavender is natural and has traditionally been used in aromatherapy to relieve anxiety and promote relaxation. Plus, the calming scent releases when the flowers are crushed — which is exactly

what will happen when you are stressfully stirring up the contents of your purse, looking for that elusive car muffler or hockey skate.

That means the more stress you're feeling, the more lavender you'll smell.

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Confessions of a regular mom

Keeping it real.

Ever order pizza on weekends or send you kid to school in pyjamas to avoid a fight? You're not alone

ANNABEL FITZSIMMONS
YummyMummyClub.ca

Last week I sent my son to school in his pyjamas. It was one of those mornings.

"I don't want to go downstairs. I don't want to eat breakfast. I don't want to brush my teeth. I don't want to pack my backpack. I don't want to get dressed."

When he dug his heels in over changing out of his pyjamas, I asked myself, "Does he really need to put on day clothes?" And I decided it wasn't a fight I was willing to fight. So I put a pair of "proper clothes" in his backpack in case he needed them during the day, and off to junior kindergarten he went.

Let's file this under Things I've Learned In Seven Years of Motherhood: pick your battles.

The situation got me thinking about all the things that happen in our households that no one ever really hears about.



Sometimes it's OK to order pizza, not the healthy whole wheat crust type either. ISTOCK

So, in the interest of keeping it real, here are a few things that have been going on in our household lately.

Sometimes, we use bribery.

One Friday night a few weeks ago, we promised our kids a couple of toonies if they had breakfast, played quietly, didn't fight, and didn't come into our bedroom until after 8 a.m. the next morning. For kids who get up at 6 a.m., we

thought it might be a pretty tall order for the weekend. But they did it. And the routine has stuck. We paid them that one time and every Saturday they still wait until after 8 a.m. to come into our room.

My house is rarely spotless.

My kids fight. A lot. They fight about who got their vitamins first, who knows how to sing O Canada better in French,

who has a nicer teacher. The latest thing is who gets to click in their seat belt first.

My husband and I sometimes push the boundaries, and pay for it.

A couple of weeks ago, we were having a great time at the family bingo night at our kids' school. Until family bingo night turned into total-meltdown-screaming-kicking-tantrum-craziness on the

front lawn of the school. Our youngest, not me. Although I almost went there as well.

We order in every Friday night.

We eat healthily most of the time, but on Friday nights we have family movie night and order pizza. And not the whole wheat or spelt crust option either. It's always the same order: pepperoni, mushroom and pineapple. There's nothing I love more at the end of a busy week than knowing I don't have to cook, to prep or to even think about what's for dinner.

The next time you see a happy picture of my family, you'll know it wasn't taken on family bingo night or after a car ride. It may have been taken on a Saturday morning — after I've stayed in bed until 8 a.m. (but before the kids have started fighting) — or on a Friday evening once the pizza's been delivered. And my son might be in his pyjamas.

By the way, that day I sent my son to school in his pajamas? I fully expected him to be wearing his day clothes when I picked him up. But no. He marched right out of his class with his pyjamas still on, smiling the happiest smile ever.

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Salad that's hearty enough to stand up to the cold

ROSE REISMAN

For more, visit rosereisman.com
Follow her on Twitter @rosereisman

Ingredients

- 2 1/2 cups low-sodium vegetable stock
- 3/4 cup dried yellow lentils
- 3/4 cup diced red bell pepper
- 1/3 cup chopped green onions (whole onion)
- 1/3 cup chopped fresh parsley
- 1/4 cup diced red onion
- 2 tbsp olive oil
- 3 tbsp freshly squeezed lemon juice
- 2 tsp balsamic vinegar
- 1 1/2 tsp minced garlic
- 1 tsp Dijon mustard
- 1/8 tsp salt
- 1/8 tsp ground black pepper
- 1/2 cup diced reduced fat feta cheese
- 6 large grilled shrimp



This recipe serves six. ROSE REISMAN

This is a great vegetarian dish without the shrimp since the lentils are a good source of protein. You can also serve it as a side dish to any entree.

1. In a saucepan, combine

the stock and lentils. Bring to a boil. Reduce the heat to a simmer, cover and cook just until tender, about 20 to 25 minutes. Do not overcook. Drain any excess liquid. Cool to room temperature.

2. In a large bowl, stir together the cooked lentils, red pepper, green onion, parsley, red onion, olive oil, lemon juice, vinegar, garlic, mustard, salt, pepper and feta. Toss together before serving. Place a grilled shrimp on each serving plate.

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit
rosereisman.com or follow
her on twitter @rosereisman

Who doesn't love a juicy steak? The cut is what makes all of the difference when it comes to calories and fat though.



Rib Eye Steak (12 oz)

1,049 calories/ 80 g fat

A rib eye steak is marbled with fat but it's oh so good! Too bad it contains an entire day's worth of fat.

Equivalent

One 12-ounce rib eye steak is equal in fat to three Boston Pizza lasagnas.



New York Strip (12 oz)

600 calories/ 16 g fat

The New York strip is lean, just trim the outside fat. It's close to half the calories of the rib eye and an acceptable fat amount that will save your heart!



This recipe makes 16 shrimp. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 16 peeled and deveined large raw shrimp (about 8 to 10 oz)
- 6 oz hot or sweet Italian turkey sausage meat (about 2 links)
- 2 tbsp extra-virgin olive oil, divided
- 2 cloves garlic, minced, divided
- 1 tbsp chopped fresh oregano
- Kosher salt and ground black pepper
- 1 cup roasted red peppers, drained and patted dry
- 1 tbsp balsamic vinegar

Tackle entertaining season with Italian Surf and Turf

1. Heat the oven to 400 F. Line a rimmed baking sheet with kitchen parchment.

2. Arrange the shrimp on the prepared baking sheet with all of the shrimp facing the same direction to form a series of C's. Remove the casings from the sausage, place a small mound of the sausage in the centre of each shrimp and press down so that the shrimp and sausage filling make a solid round.

3. In a small bowl, combine 1 tablespoon of the olive oil with half the garlic and all of the oregano. Sprinkle the shrimp lightly with salt and pepper, then brush the oil mixture over the shrimp and sausage. Bake the stuffed shrimp until they are cooked through, about 8 to 10 minutes.

4. Meanwhile, in a blender combine the red peppers, the remaining tablespoon of oil, the remaining garlic, the vinegar, and salt and pepper to taste. Blend until smooth. Transfer to saucepan and heat just until hot.

5. To serve, arrange the shrimp on a serving platter, then

drizzle each with some of the sauce. THE ASSOCIATED PRESS/ SARA

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Show me the money: Get cracking when it comes to the sales quota

Meet the moola standard. Tips on becoming a top seller when your position includes an expensive expectation

ROSIE
HALES
TalentEgg.ca

“Quota” and “commission” can be two scary words if you’re new to the retail world, but they don’t have to stay that way!

Sales quotas and commissioned sales are just two ways you can maximize the experience you have at a retail job and get rewarded for your hard work.

First things first, let’s get some terminology out of the way.

A sales quota is the minimum sales goal for a set amount of time. Your sales quota could be either a monetary goal (i.e. “By the end of this week, we’d like you to make \$500 worth of sales.”) or a product goal (i.e. “By the end of this week, we’d like you to have sold two coffee machines, 25 boxes of filters and three thermal mugs.”).

Set your own sales goals

- If you’re making sales goals with no difficulty, then why not set higher goals for yourself? Each week you could try to improve on your quota by \$20 or by selling three products you’ve never sold before
- It’s worth a try if you want to impress your manager!



Do your research: The more you know about the product you’re pushing, the more you’ll be able to sell. iStock

The amount of time for a sales quota can differ, too.

You might be asked to make your quota by the end of one shift, the week or a fiscal quarter. If you fill your

sales quota then there may even be the chance of a reward!

Commission is a reward you get for selling products. Often you’ll hear people saying, “I work on commission.” This means that salespeople will often be incentivized to make lots of great sales by getting paid for each sale they make.

Commission is often calculated on the basis of a percentage of the retail value of goods sold.

Here are four tips for becoming

a great salesperson and making commission-based work and sales quotas work for you!

Educate yourself

To be able to sell products, you’ve got to have some solid knowledge to impart to customers. Make sure you know the top three to five products that your company sells and learn their main selling points. Then, pick a few other products in the store and become the resident expert.

Identify your target customers

In order to sell effectively, you need to be able to relate to your customers. Understanding their priorities and preferences in terms of style, cost and quality will help you direct them to goods that they’ll be more likely to purchase — and be more satisfied with in the long run.

Give customers space to make their own decisions

Don’t try to push a customer

in the direction of a product they don’t really want. If a customer is looking to buy a product that you genuinely believe is wrong for their needs then suggest a different one that you think might suit them better. Support their final decision — they’re more familiar with their own needs than you are.

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Come and knock on our doors, we've been waiting to help you

Ask a professor. So what exactly are office hours for anyway?

LEE
SKALLERUP BESSETTE
Metro World News

Most students don't take advantage of the time professors set aside for office hours. I know this because I have spent many an afternoon sitting by myself in my office, waiting for students to come and sit and chat with me. And those who do come will timidly knock while apologizing about disturbing me. This is a part of my job, to offer extra assistance to you outside of the classroom when you need it. It's more disturbing to me when my students don't use my office hours.

But office hours aren't just for when you need extra help or explanation about an assignment. Office hours are an opportunity to get to know your professor, to forge a connection with them.

You can use the time to ask them about their research, their experience, or to seek advice about possible majors or career paths.

You never know when you're going to need that letter of reference, and you want to be able to approach professors whom you know and who know you beyond a final grade at the end of the semester.

If you can show up at the beginning of the professor's office hours, do so. If not, it is perfectly ok to come when you can within the posted times. If the posted office hours don't work for you because of your class and/

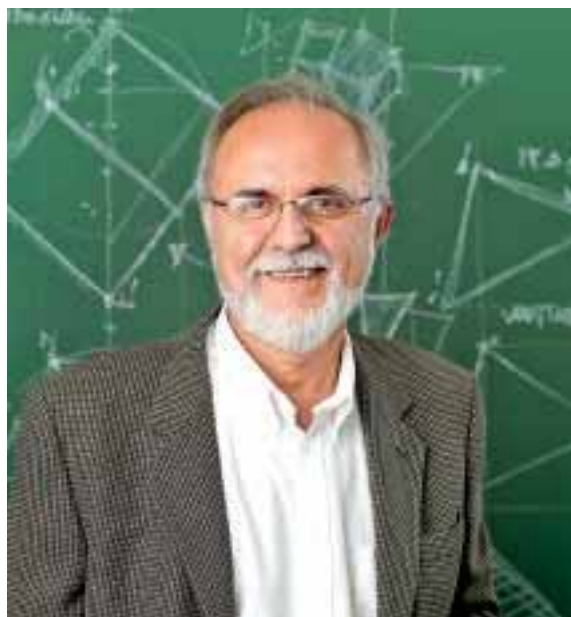
or work schedule, speak to the professor before or after class to explain your situation and see if there is an alternative time when you

can meet. Always remember, we're here to help you on your journey through college and we want to see you succeed. Office hours are one of

the ways outside of the classroom that we can help you. But we can't help you if you don't show up.

DR. LEE SKALLERUP BESSETTE HAS BEEN

A TEACHING AT THE COLLEGE LEVEL FOR ALMOST 15 YEARS, IN THREE DIFFERENT STATES, TWO COUNTRIES, AND TWO LANGUAGES. YOU CAN FOLLOW HER ON TWITTER @READYWRITING



Chances are your professor will be thrilled to speak to a student who's actually interested in the subject matter. ISTOCK

Follow the leader

Make sure you know where your professors' offices are:

- It is perfectly acceptable at the beginning of the semester to follow the professor back to their office, prefaced with, "I just want to make sure I know where your office is in case I need to come see you during the semester."
- When you do show up for office hours (posted on the syllabus!), make sure you have a clear purpose in mind; this shows initiative and organization skills. It's ok not to understand an assignment, but make sure you come prepared to explain all the things that don't make sense!



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'Round the world wisdom

Facing adversity? Laughter gives you wings

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.



**LESSONS FROM
THE DESERT**
Stéfán Danis
life@metronews.ca

Laughter has the power to dramatically help in overcoming adversity.

I was only 15 minutes into my Gobi Desert race, and found myself running through a river-crossed canyon. The hostile landscape consisted of loose rocks the size of baseballs. My eyes

were fixated on the ground, as every foot plant bore the risk of rolling my ankle. I felt my first blister forming.

Later, we had to cross the river. Unprepared, I tentatively traversed and fell in. I screamed, livid to be in a river while supposedly running in the desert. I looked to see what had happened to the other runners, and sure enough, I saw my reflection. Most seemed upset, angered at having been put through this. It then hit me. "This is what my race is meant to be about. I'm here to learn how to deal with adversity!" I burst out laughing.

Right then and there I made a promise to myself, one that still persists today: laugh out loud at every unpleasant surprise. From there, I encountered hundreds more obstacles: sand,

heat, blisters, pain...and that was just the beginning!

We crossed that same river seven more times that morning. Yet from that moment onward I giggled. Every time I laughed, my pace increased. That day, I managed to pass everyone I could see ahead of me, leaping from the back of the pack to ninth place overall! More important, the physical pain of running was trumped by the laughter: it felt easy.

When you appreciate the humour in life and let laughter in, obstacles assume less power and more opportunity. When have you last tried to counter adversity with laughter?

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Sports in pictures



1



2



3

1 Golf. McIlroy gets first win of 2013

Rory McIlroy birdied the 18th hole to beat Adam Scott at the Australian Open on Sunday, winning for the first time in 2013 and denying Scott the Triple Crown of Australian golf. **THE ASSOCIATED PRESS**

2 Skiing. Vonn delays surgery

Lindsey Vonn is delaying further surgery on her partially torn right knee for as long as possible in hopes of skiing at the Sochi Olympics.

THE ASSOCIATED PRESS

3 Skiing. Aksel drops hammer in Lake Louise

Aksel Lund Svindal of Norway won the men's World Cup super-G on Sunday.

It was the third straight super-G win for Svindal in Lake Louise, Alta., after victories in 2012 and 2011.

THE CANADIAN PRESS



Jennifer Jones reacts while playing Chelsea Carey's rink during the opening women's draw at the 2013 Roar Of The Rings championship on Sunday at MTS Centre. **JOHN WOODS/THE CANADIAN PRESS**

Jones roars out to hot start against Carey

Curling. Roar of Rings favourite scores 6 in 6th end to beat fellow Winnipeg rink

It was all over in the sixth end as Jennifer Jones scored six against fellow Winnipeg skip Chelsea Carey on Sunday to open the Canadian Curling Trials with a commanding 10-2 win.

"If we could score a six in every game, obviously I would be pretty excited," Jones said. "It's a long week but a short week. It's a pretty short round

Jacobs manages some cheers in win over Stoughton

Ontario's Brad Jacobs upset hometown favourite Jeff Stoughton 7-4 on Sunday.

- Jacobs and his foursome from Sault Ste. Marie led from the beginning and widened the gap 4-1 after a double takeout in the fifth

end scored two.

- Even though the two-time world and three-time Brier champion Stoughton is beloved by local fans, the knowledgeable MTS Centre crowd cheered in appreciation of Jacobs' tough shot.

robin from what we're used to so you don't want to get behind the eight ball early."

Carey, curling without third Kristy McDonald who was out with the flu, said she

wasn't letting the loss get to her and felt they played well.

"We were just the wrong side of the inch," said Carey. "My last rock picked in three and we were just off on every-

thing after that. We were throwing it real good and the weight was really close and it would just rub a guard and we'd just miss the runback and my double in the fourth end just doesn't quite move it far enough."

It wasn't the only lopsided game as Edmonton's Val Sweeting defeated reigning Scotties champ Rachel Homan of Ottawa 10-3. In closer matchups, Ontario's Sherry Middaugh defeated Saskatoon's Stefanie Lawton 5-3 and Renee Sonnenberg of Grande Prairie, Alta., beat Edmonton's Heather Nedohin 8-6. **THE CANADIAN PRESS**

NHL. Kesler helps Canucks earn victory in Carolina

Ryan Kesler scored two goals to lead the Vancouver Canucks to a 3-2 win over the Carolina Hurricanes on Sunday.

Tom Sestito also scored for the Canucks and Jason Garrison had two assists. Backup goalie Eddie Lack made 29 saves to help Vancouver pick up its third win in its past 11 games.

Kesler's second goal capped a stretch where the teams combined to score three goals in 37 seconds.

THE ASSOCIATED PRESS



Ryan Kesler corrals a loose puck on Sunday in Raleigh, N.C. **THE ASSOCIATED PRESS**

NHL. Bryzgalov busted up in Oilers' win over Stars

Jordan Eberle and David Perron scored in the shootout, and Devan Dubnyk came on in relief of injured goalie Ilya Bryzgalov and helped the Edmonton Oilers earn a 3-2 win over the Dallas Stars on Sunday night.

Dubnyk stopped two of three shots in the tiebreaker. Dallas' Kari Lehtonen failed to make a save in the shootout.

Bryzgalov left with 3:41 left in the second with an upper-body injury after colliding with Ryan Garbutt and didn't return. **THE ASSOCIATED PRESS**



Oilers goalie Ilya Bryzgalov leaves the ice after being injured on Sunday in Dallas. **GETTY IMAGES**

4-SPORTS



Robert McClain of the Falcons strips Bills' receiver Stevie Johnson of the ball on Sunday in Toronto. RICK STEWART/GETTY IMAGES

Bills fumble in Toronto. Again.

Overtime loss. Setback all but eliminates Buffalo from playoffs for 14th straight season

The Buffalo Bills headed north for their annual "home" game in Toronto, and then watched what was left of their realistic playoff hopes go south.

Buffalo (4-8) fumbled in Falcons territory on its final drive of regulation and the first drive of overtime to hand the Atlanta Falcons a 34-31 victory Sunday.

"I'm just ... I'm just hurting," said Bills coach Doug Marrone.

After the Falcons (3-9) tied the game at 31 on Steven Jackson's one-yard run, his second touchdown of the game, Buffalo rookie quarterback EJ

Manuel had 1:22 to march the Bills downfield.

He was well on his way before cornerback Robert McClain knocked the ball out of receiver Stevie Johnson's hands at the Falcons' 30 with 20 seconds remaining.

"Caught it and ran across the field," Johnson said. "The guy came from behind and ripped it out. He made a good play."

Still, Buffalo got the ball in overtime and had another big completion end in mistake as Falcons safety William Moore stripped the ball from tight end Scott Chandler after a 22-yard gain.

"Really disappointing," Chandler said. "You want to be able to protect the ball in that situation and you want to make a play that helps your team win and not the play that turns the tide to make your team lose."

Falcons kicker Matt Bryant

won it with a 36-yard field goal three minutes into overtime.

The Bills are 1-5 during the "Bills in Toronto" series in the Rogers Centre, a game that has traditionally meant a friendlier, warmer late-season climate for the opposition. This time the loss stings even more, essentially eliminating Buffalo's hopes for a playoff spot for the 14th straight season, extending the NFL's longest active streak.

It's a pain of which the team is keenly aware.

"We want to bring this town, this region, the playoffs and to know that that kind of slipped away on that play is tough," Chandler said.

Atlanta snapped a five-game skid and won for the first time in six road games this season. Antone Smith also scored on a 38-yard run, while Tony Gonzalez scored on an 11-yard pass from Matt Ryan.

THE ASSOCIATED PRESS

Not at cost of CFL

Little appetite for NFL team in Canada, poll finds

An overwhelming majority of Canadians don't want an NFL team in Canada if it means the demise of the CFL, a survey suggests.

Forty per cent of 1,007 online participants said they didn't want an NFL team in Canada at all while another 41 per cent added they'd welcome an NFL franchise in this country only if it co-existed with the CFL. The survey, released Sunday, was conducted in mid-November by Reginald Bibby, a professor of sociology at the University of Lethbridge, and pollster Angus Reid Global.

"They'd have to co-exist, that's the simple bottom line," Bibby said in a telephone interview. "Compared to 1995, if anything, that viewpoint seems to have solidified."

THE CANADIAN PRESS

Judo

Canuck wins silver at Tokyo Grand Slam

Canadian judoka Kyle Reyes won silver in the under-100 kilograms class on Sunday at the Tokyo Grand Slam of judo.

Reyes, who just three weeks ago became the first Canadian junior world champion in the history of judo, proved that he was ready to do the same at the senior level, defeating three top-10 ranked opponents.

THE CANADIAN PRESS

MLB

Twins add Hughes to starting rotation

The Minnesota Twins have agreed to a \$24-million, three-year contract with right-hander Phil Hughes.

A person with knowledge of the deal tells The Associated Press the two sides came to agreement late Saturday night. The person requested anonymity because Hughes still has to pass a physical before the contract can become official.

THE ASSOCIATED PRESS

NBA. Nuggets call on their reserves to turn tide against Raptors

Toronto Raptors head coach Dwane Casey knows his starters cannot play the entire game.

But after Sunday's loss to the Denver Nuggets, he probably wishes they could.

The Nuggets reserves came off the bench to outscore their Raptors counterparts 72-16 as Denver pulled away in the fourth quarter for a comfortable 112-98 win before 16,290 fans at Air Canada Centre.

"Our bench has got to give us something," Casey told reporters after Toronto (6-10) lost its third straight. "Our guys (starters) can't play for 48 (minutes), so we've got to get production from our bench."

"The guys coming in have got to develop a toughness, a resilience of getting stops. And, it starts on the defensive end. In the second half, they shot it well but we didn't make them feel us."

The 72 bench points conceded is the worst in Raptors' history, exceeding the 69 points surrendered to the Chicago Bulls in a loss on Jan. 25, 2006.

Diminutive guard Nate Robinson led the way for Denver (10-6) with 23 points



Raptors forward Rudy Gay

TORSTAR NEWS SERVICE

off the bench. The five-foot-nine veteran hit five three-pointers on the afternoon, including back-to-back shots from beyond the arc with just over two minutes to go, as the Nuggets coasted to their sixth straight win.

In addition to Robinson's team-high 23 points, three other Denver players had double-digit point totals off the bench.

Rudy Gay led the way for the Raptors with 23 points. Jonas Valanciunas had 18 points and 11 rebounds.

THE CANADIAN PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION									
	GP	W	L	OL	GF	GA	Pt		
Boston	27	18	7	2	75	55	38		
Detroit	28	14	7	7	78	73	35		
Tampa Bay	26	16	9	1	76	66	33		
Montreal	27	15	9	3	73	57	33		
Toronto	27	14	10	3	75	73	31		
Ottawa	27	10	13	4	78	90	24		
Florida	27	7	15	5	59	91	19		
Buffalo	28	6	20	2	48	85	14		

METROPOLITAN DIVISION									
	GP	W	L	OL	GF	GA	Pt		
Pittsburgh	28	18	9	1	86	64	37		
Washington	27	14	11	2	82	78	30		
NY Rangers	27	14	13	0	60	66	28		
New Jersey	27	11	11	5	59	64	27		
Philadelphia	26	12	12	2	57	63	26		
Carolina	27	10	12	5	57	78	25		
Columbus	27	10	14	3	67	80	23		
NY Islanders	27	8	15	4	72	93	20		

Sunday's results

Vancouver 3 Carolina 2
Detroit 4 Ottawa 2
Edmonton 3 Dallas 2 (SO)

Saturday's results

NY Rangers 5 Vancouver 2
Boston 3 Columbus 1
Pittsburgh 5 Florida 1
New Jersey 1 Buffalo 0 (OT)
Montreal 4 Toronto 2
Washington 3 NY Islanders 2 (OT)
Philadelphia 3 Nashville 2 (SO)
Chicago 5 Phoenix 2
Colorado 3 Minnesota 2 (SO)
Calgary 2 Los Angeles 1
San Jose 4 Anaheim 3 (SO)

Monday's games — All Times Eastern
Winnipeg at NY Rangers, 7 p.m.
New Jersey at Montreal, 7:30 p.m.
Philadelphia at Minnesota, 8 p.m.
St. Louis at Los Angeles, 10:30 p.m.

Tuesday's games

San Jose at Toronto, 7 p.m.
Tampa Bay at Columbus, 7 p.m.
Carolina at Washington, 7 p.m.
Pittsburgh at NY Islanders, 7 p.m.
Ottawa at Florida, 7:30 p.m.
Vancouver at Nashville, 8 p.m.
Dallas at Chicago, 8 p.m.
Phoenix at Edmonton, 9:30 p.m.
Los Angeles at Anaheim, 10 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION									
	GP	W	L	OL	GF	GA	Pt		
Chicago	28	20	4	4	102	76	44		
St. Louis	25	18	4	3	89	57	39		
Colorado	25	19	6	0	76	52	38		
Minnesota	28	15	8	5	68	67	35		
Nashville	27	13	11	3	62	75	29		
Dallas	25	12	9	4	70	73	28		
Winnipeg	28	12	12	4	73	80	28		

PACIFIC DIVISION									
	GP	W	L	OL	GF	GA	Pt		
San Jose	26	18	3	5	92	60	41		
Anaheim	29	18	7	4	91	77	40		
Los Angeles	27	16	7	4	70	58	36		
Phoenix	26	15	7	4	85	84	34		
Vancouver	29	14	10	5	77	77	33		
Calgary	26	9	13	4	70	93	22		
Edmonton	28	9	17	2	73	95	20		

Note: Two points for a win, one point for overtime loss.

SCORING LEADERS

	G	A	Pts
Crosby, Pgh	13	23	36
Malkin, Pgh	7	28	35
Steen, STL	20	11	31
Getzlaf, Ana	13	18	31
Kane, Chi	16	14	30
Tavares, NYI	11	19	30
Zetterberg, Det	11	19	30
Ovechkin, Wash	21	8	29
Perry, Ana	15	14	29
Thornton, SJ	4	25	29
Kunitz, Pgh	14	13	27
Couture, SJ	9	18	27
H. Sedin, Van	7	20	27
Marleau, SJ	12	14	26
Karlsson, Ott	7	19	26
Ryan, Ott	13	12	25
Backes, STL	12	13	25
Little, Win	12	13	25
Toews, Chi	12	13	25
D. Sedin, Van	10	15	25
Pavelski, SJ	9	16	25
Backstrom, Wash	6	19	25

Not including last night's games

MLS PLAYOFFS

MLS CUP

Saturday's game — All Times Eastern
Kansas City vs. Salt Lake, 4 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	16	1	.941	—
d-Miami	14	3	.824	2
Atlanta	9	9	.500	7 1/2
d-Toronto	6	10	.375	9 1/2
Washington	8	9	.471	8
Chicago	7	8	.467	8
Charlotte	8	10	.444	8 1/2
Detroit	7	10	.412	9
Orlando	6	10	.375	9 1/2
Boston	7	12	.368	10
Philadelphia	6	12	.333	10 1/2
Cleveland	5	12	.294	11
Brooklyn	5	12	.294	11
New York	3	13	.188	12 1/2
Milwaukee	3	13	.188	12 1/2

WESTERN CONFERENCE				
	W	L	Pct	GB
d-San Antonio	14	3	.824	—
d-Portland	13	3	.813	1 1/2
Oklahoma City	12	3	.800	1
d-L.A. Clippers	12	6	.667	2 1/2
Houston	13	5	.722	1 1/2
Denver	10	6	.625	3 1/2
Dallas	10	8	.556	4 1/2
Golden State	10	8	.556	4 1/2
L.A. Lakers	9	8	.529	5
Phoenix	8	8	.500	5 1/2
New Orleans	8	8	.500	5 1/2
Memphis	8	8	.500	5 1/2
Minnesota	9	10	.474	6
Sacramento	4	11	.267	9
Utah	3	15	.167	11 1/2

d-division leader				
Sunday's results				
Denver 112 Toronto 98				
Indiana 105 L.A. Clippers 100				
Detroit 115 Philadelphia 100				
Miami 99 Charlotte 98				
Golden State 115 Sacramento 113				
Oklahoma City 113 Minnesota 103				
New Orleans 103 New York 99				
Portland at L.A. Lakers				

Saturday's results				
Washington 108 Atlanta 101				
Cleveland 97 Chicago 93				
Brooklyn 97 Memphis 88				
Minnesota 112 Dallas 106				
Houston 112 San Antonio 106				
Milwaukee 92 Boston 85				
Utah 112 Phoenix 104				

Monday's games — All Times Eastern				
Orlando at Washington, 7 p.m.				
New Orleans at Chicago, 8 p.m.				
Atlanta at San Antonio, 8:30 p.m.				
Houston at Utah, 9 p.m.				
Indiana at Portland, 10 p.m.				

Horoscopes

Aries

March 21 - April 20

There is no such thing as something for nothing and if you do not quite believe that now you will believe it by the end of the day.

Taurus

April 21 - May 21

It may appear as if you are the only one making sacrifices for a relationship but the planets warn you are not seeing the situation clearly. Don't start complaining or you may lose the one person who makes your world a better place.

Gemini

May 22 - June 21

Honesty is the best policy today, especially if you have done something that makes you feel bad about yourself.

Cancer

June 22 - July 23

It may be better to give than to receive but sometimes you wonder why it seems to be you who does all the giving while others do all the receiving.

Leo

July 24 - Aug. 23

What others expect of you is not important – what matters is what you expect of yourself. Others may say you should be doing this or doing that today but you must reject it all and do only what makes you happy.

Virgo

Aug. 24 - Sept. 23

Some things you can see from a long way away but others things you don't see until you are right up in front of them. You're not the only one to see something so important so late in the day, so don't make a big deal of it.

Libra

Sept. 24 - Oct. 23

The more you search for a solution to a problem of some kind the more it seems to elude you. Maybe you are trying too hard.

Scorpio

Oct. 24 - Nov. 22

You may have to hurt someone's feelings today by saying something you know they don't want to hear but if you don't they will keep making the same mistake over and over again.

Sagittarius

Nov. 23 - Dec. 21

If you ask for something today you will most likely get it. But will it be good for you? The planets warn it might be smart to stick with what you already have and try to make the best of it. More is not necessarily better.

Capricorn

Dec. 22 - Jan. 20

Generally you take people as you find them and don't care where they are coming from or where they are going to.

Aquarius

Jan. 21 - Feb. 19

Just because something is new-fangled or fashionable does not mean it is good. Keep that thought in mind and if you are confronted with a choice between something old and dull and something new and exciting, go for the old and dull.

Pisces

Feb. 20 - March 20

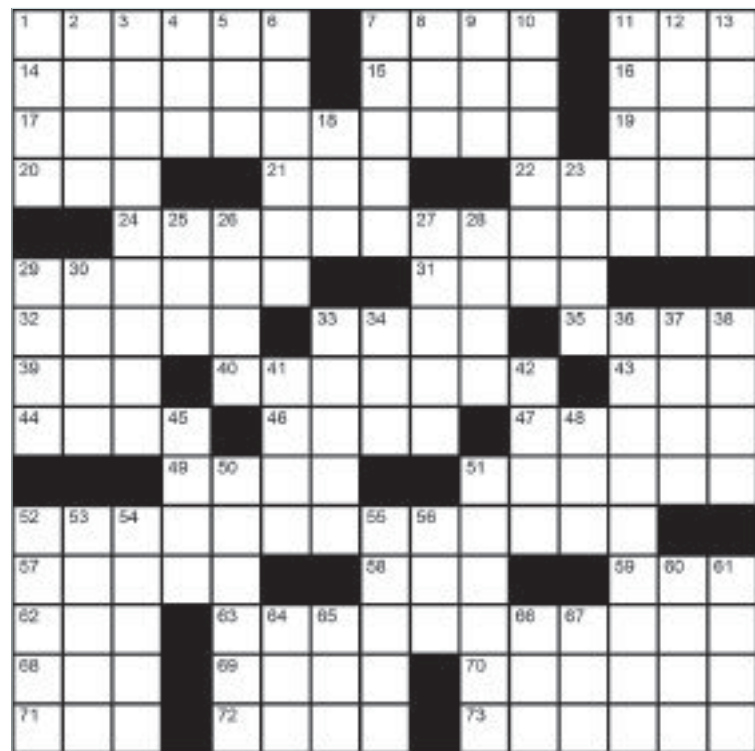
You may have strong opinions about something and you have every right to express them but you need to accept that not everyone agrees with you.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

- HS class: 2 wds.
- Tim Hortons CEO Mr. Caira
- Bitter
- In a forthright way
- Puccini aria: " _ _ Babbino Caro"
- Male sheep, in Brit.
- Auction House in Toronto since 1850
- Caesar's 61
- Caesar's 551
- 'Social' suffix
- 2003 to 2007 series, " _ _ _"
- Auction attendees, often: 2 wds.
- Big leagues in baseball
- Much: 2 wds.
- Prefix to 'clast' (image breaker)
- Sony co-founder, _ Morita
- Remain unsettled
- Tarzan creator's monogram
- Waterloo, ON: _ Laurier University
- Agnus _ (Mass prayer)
- Wall St. landmark, commonly
- Breath mints, tic _
- Canadian actress Kelly
- Sonny & _
- Wine-tasting need
- Lady Gaga to her fans: 2 wds.
- 1996 film for



- Madonna
- Grind _ _ _ halt
- The: German
- Winnipeg-born actor Mr. Cariou
- Saskatchewan _ Building, in Regina
- Energy unit
- Scottish hats

- Don't target correctly
- Aliens, commonly
- "Quiet..."
- _ Creek, Ontario

Down

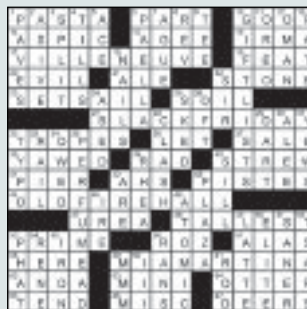
- " _ _ you do that?"

- Ring stone
- 'Journalist' and 'TV Host', for example: 2 wds.
- Halt
- Yalie
- Fault-finders
- Traveller's lodging
- 'I love', in Latin

- _ Tin Tin
- Membership store
- National Chief of the Assembly of First Nations, Shawn _
- Egyptian city
- Sagas
- Ronny & The Daytonas hit

- Web address starter
- Director Mr. Howard
- Think, archaically
- Animal dens
- Time Machine people
- Demeanor
- " _ _ in the Dark" (1988)
- _ clock
- Fast food chain, commonly
- _ Era (English history period of 1901 to 1910)
- Shipshape
- Have supper
- Roman road
- "Shoot!"
- Genuine
- Grand _ Oprey
- Well-being department, _ Canada
- Sacred songs
- Battle royal
- Blatant
- Dainty bell sounds
- Range in Quebec, _ Mountains
- Headshakes
- Songstress Ms. Sands
- Saint- _ (Place in France where Vincent van Gogh painted)
- Parisian water
- Baseball execs
- River island
- Classy music gr. in Ontario

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY



MAX: -5°
MIN: -11°



MAX: -10°
MIN: -16°



MAX: -14°
MIN: -16°



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